



AFFILIATED TO MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES
RECOGNIZED BY DENTAL COUNCIL OF INDIA, NEWDELHI

### Sports and cultural activities/competitions for the year 2023 - 2024

Dr. G.D.Pol Foundation's YMT Dental College and Hospital organized following sports and cultural activities / competitions for the Academic Year 2023 – 2024

28TH - 31ST MAY 2024: AMEYA - ANNUAL SPORTS EVENT

### Summary

Dr. GD Pol foundation's YMTDCH Sports Fest, AMEYA '24, took place over four exhilarating days, from May 28th to May 31st, 2024. This event brought together students, PG and staff to celebrate athleticism, sportsmanship, and community spirit. The fest featured a diverse range of sports, including team sports, and individual competitions.

Day 1: Inauguration and Volleyball, throwball, tug of war

The Sports Fest kicked off with a grand inauguration ceremony with the staff sports conveners unfurling the banner for the event. The first day was dedicated to volleyball, girls throwball and tug of war.

Day 2: Cricket and individual sports

The second day focused on turf cricket held at Skygoal. The cricket tournament was a crowd favorite. The cricket matches showcased incredible talent and teamwork. This was followed by preliminary rounds of table tennis, carrom, chess being held in the YMT Dental college

Day 3: Football and individual sports

The third day focused on football held at Skygoal. The football tournament say anything active participation from the boys as well as the girls teams. The matches were intensely packed with goals from both the sides. This was followed by final rounds of table tennis, carrom, chess being held in the YMT Dental college. These events saw intense rivalries and performances, highlighting the depts of talent in this college.

Day 4: Badminton

The final day was reserved for the badminton tournament with the most participants in the sports fest. The atmosphere was festive and joyful with enthusiastic cheering from the crowd. The day concluded with medal distribution for the tournament.

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INDOOR GAMES: CHESS, CARROM AND BADMINTON





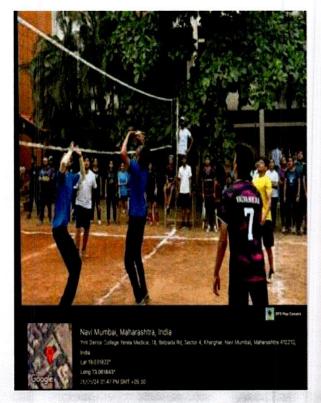
**OUTDOOR SPORTS: CRICKET AND FOOTBALL** 

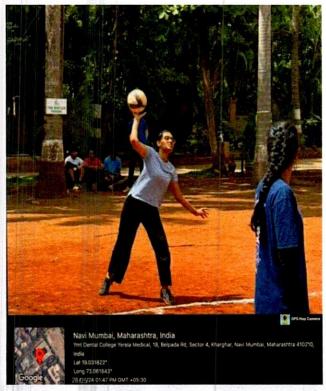
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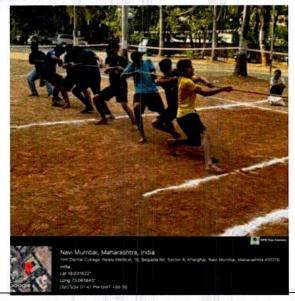




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OUTDOOR SPORTS: TUG OF WAR, THROWBALL AND VOLLEYBALL

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#### 22<sup>nd</sup> MAY 2024- THREAD TALES

#### **SUMMARY:**

Discover the enchanting world of crochet at our upcoming event, "Thread Tales." Led by Muskan Ansari, our talented PR Head, this workshop promises an immersive experience into the art of crochet illustration.

Scheduled for the 20th of [Month], "Thread Tales" is designed to be both educational and inspiring. Participants will have the opportunity to witness a captivating crochet demonstration led by Muskan herself. From selecting the perfect yarn to mastering intricate stitches, Muskan will guide attendees through the process of bringing yarn to life.

But the excitement doesn't end there. Following the demonstration, participants will engage in an extensive hands-on workshop, diving deep into the technicalities of crochet illustration. Whether you're a novice or a seasoned crocheter, this workshop offers something for everyone. From basic stitches to advanced techniques, attendees will leave equipped with the knowledge and skills to embark on their own crochet journey.

With limited seats available, participation in "Thread Tales" is highly coveted. To ensure a focused and personalized learning experience, attendees will be selected based on their previous achievements in crochet. This selective process ensures that each participant can make the most of their time at the workshop.

"Thread Tales" is more than just a workshop—it's an opportunity to connect with fellow crochet enthusiasts, share experiences, and explore the endless possibilities of yarn and hook. Whether you're passionate about crochet illustration or simply curious to learn more, we invite you to join us for an unforgettable day of creativity and camaraderie.

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THREAD TALES

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#### 21st March 2024 - WOMEN'S DAY CELEBRATION

Reflecting back on the memorable event at Dr. G. D. Pol Foundation Y. M. T Dental College and Hospital, where the entire women staff gathered, remains a highlight. Dr. Shashikala R. Swamy started the day with an insightful exploration of the HPV virus, diving deep into its implications for dental health. Her presentation not only educated but also sparked curiosity among the attendees, setting a vibrant tone for the day. Following Dr. Swamy's engaging session, Mr. Sudhir Dravid from Serum Institute of India Pvt Ltd provided a comprehensive update on the latest HPV research and advancements. His detailed talk offered valuable insights into ongoing efforts to combat this prevalent virus, leaving the audience inspired and informed. Beyond the educational segments, the event fostered a sense of community with various enjoyable activities. Laughter-filled games and lively dance performances added a festive touch, while the spirited antakshari session encouraged participation and camaraderie among all present. Looking back, the event was a testament to unity, learning, and the dedication of the women staff at the dental college and hospital. It left a lasting impression of shared experiences and collective growth, promising more cherished moments in the future. In proound appreciation, we extend our deepest thanks to the eminent leadership of Chairman Dr. G. D. Pol, Director Dr. Kavita Pol Nalawade, Dean Dr. Meghna Vandekar. Their extraordinary support has been the pillars of refinement, shaping our path with unparalleled elegance and distinction.

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WOMEN'S DAY CELEBRATION

DATE: 21.03.2024

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### 11th MARCH 2024 - DIVERSIA (ANNUAL MARATHON)

An unforgettable odyssey towards inclusivity and unity unfolded as our Dr. G D Pol Foundation's YMT Dental College orchestrated a magnificent 5 km run "DIVERSIA", a tapestry woven with threads of diversity, joy, and shared purpose. With each footfall, participants embarked on a journey not just of physical exertion but of collective empowerment and celebration of differences. As the sun cast its golden glow upon the starting line, eager faces, representing myriad backgrounds and experiences, eagerly awaited the starting gun. The air buzzed with anticipation, hearts brimming with excitement and determination to traverse the course together, as equals. Adding an extra layer of significance to the event, we were honored to welcome Dr. Digvijay Salunkhe, a towering figure of resilience and endurance, hailed as India's own Iron Man. His presence infused the atmosphere with a palpable sense of inspiration. Following Dr. Salunkhe's stirring address, the festivities continued with a vibrant Zumba session led by the effervescent Dani Ma'am, whose infectious energy and spirited choreography had everyone moving in sync, regardless of age, background, or ability. As the day progressed, nourishment for both body and soul was provided in abundance, with a post-run feast offering sustenance and camaraderie, strengthening bonds forged on the pavement. We gathered once more, this time to watch a poignant short film on inclusivity, a moving testament to the power of acceptance and understanding in fostering a more harmonious society. At the end of the event, hearts full and spirits soaring, we bid farewell to a day that transcended mere physical activity, leaving an indelible mark on our collective consciousness. With each step taken and each connection made, we reaffirmed our commitment to creating a world where diversity is not just celebrated but embraced wholeheartedly, where every individual is valued and included.

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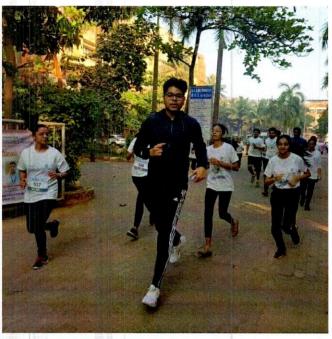
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**DIVERSIA (ANNUAL MARATHON)** 

DATE: 11.03.2024

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### 7<sup>TH</sup> MARCH 2024 - PROM NIGHT ( MYSTIQUE MASQUERADE)

Step into the mesmerizing world of Prom Night, here at YMT Dental College and Hospital, as we Celebrated "Mystique Masquerade" where every element exuded an unparalleled level of dazzle and charm. From the moment guests crossed the threshold, they were transported into a realm of breathtaking decor, delectable food, and pulsating beats that set the stage for an unforgettable evening. The runway became a showcase of elegance and style as students strutted their stuff, each step a testament to their individuality and flair. But it was the adorned masks from our esteemed guests that truly stole the show, each one a masterpiece of creativity and imagination, adding an extra layer of allure to the festivities. As the night unfolded, laughter filled the air, mingling with the infectious rhythm of the DJ's beats, drawing everyone to the dance floor where memories were made with every twirl and dip. It was a night of glamour, camaraderie, and sheer joy—a celebration of friendship and unity that will be etched in our hearts for years to come. In profound appreciation, we extend our deepest thanks to the eminent leadership of Chairman Dr. G. D. Pol, Director Dr. Kavita Pol Nalawade,and Dean Dr. Meghna Vandekar, for their extraordinary support has been the pillars of refinement, shaping our path with unparalleled elegance and distinction.

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PROM NIGHT ( MYSTIQUE MASQUERADE)

DATE:7.03.2024

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#### 21ST DECEMBER 2023 - CHRISTMAS DAY

#### **SUMMARY:**

"An exquisite soirée unfolded at Dr. G. D. Pol Foundation's YMT Dental College, during the Christmas celebration, where elegance met the festive spirit. The ornate decorations transformed the surroundings into a captivating tableau, setting the stage for an evening of refined revelry.

The ethereal ambiance was complemented by the angelic notes of carol singing, resonating with the timeless melodies that define the holiday season. The theatrical finesse of the skit performances added a touch of sophistication, weaving tales that sparked both amusement and contemplation.

However, the pinnacle of the evening was the 'Gift of Love' presentation, a gesture of altruism that transcended the boundaries of our campus. In this act of benevolence, we extended our collective compassion to the less fortunate, embodying the true essence of Christmas.

The festivities continued with a selection of curated games, fostering an atmosphere of refined amusement. As the night progressed, the dance floor became a symphony of movement and grace, a fitting crescendo to an evening steeped in elegance and camaraderie.

In the grand tapestry of our Christmas celebration, each element seamlessly wove together, creating not just an event, but a cherished tradition of sophistication, generosity, and enduring joy within each one of us!!

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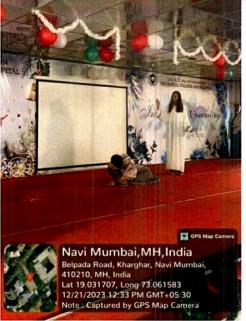
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-CHRISTMAS DAY

DATE: 21.12.2023

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### 27<sup>TH</sup> OCTOBER 2023- RAAS (GARBA NIGHT)

#### SUMMARY:

As we Steped into the magical night of Raas at Dr. G.D. Foundation's Y.M.T. Dental College and Hospital, where the spirit of celebration intertwines seamlessly with academic excellence. We transformed into a kaleidoscope of joy, as the beats of garba echoed, colors danced, and laughter reverberated through the air.

This grand event was a testament to our commitment to creating an environment where every aspect of life is celebrated with equal fervor. Students, faculty, and staff came together in a harmonious blend of tradition and modernity, showcasing that at our institution, we not only nurture minds but also create memories that last a lifetime.

The vibrant energy of Raas illuminated the campus, fostering a sense of community and togetherness. As the night unfolded, the dance floor became a canvas where friendships were forged, and cultural bonds strengthened. The enthusiasm was palpable, and the joy was infectious, making it a night to remember for everyone present.

In the heart of our educational journey, we paused to celebrate the richness of our culture, the diversity of our community, and the unity that defines us. Dr. G.D. Foundation's Y.M.T. Dental College and Hospital – where every occasion, be it academic or festive, is an opportunity to create experiences that transcend the ordinary and embrace the extraordinary.

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**RAAS (GARBA NIGHT)** 

DATE: 27.10.2023

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### 8<sup>TH</sup>, 9<sup>TH</sup> & 13<sup>TH</sup> SEPTEMBER 2023 - QUERENCIA

#### **SUMMARY:**

The highlight of the year was Querencia 2023 which took place on 8<sup>th</sup>, 9<sup>th</sup> and 13th September. Each day was filled with fun and exciting activities which catered to various interests and talents of all students.

Various competitions included singing, solo/duet/group dances, painting, debate, graffiti and open mic competition which took place over the span of 3 days.

This year, we got to introduce new competitions like "met gala" And photographer's wall and a special segment for highlighting the importance of mental health - ted talk where students came and spoke their heart out.

The event also had a fun fair where students had put up food and game stalls.

Day 1:8th September (DIL SE DESI) - Andaz apna apna, Junoon, Hook step Challenge, Dedications

Day 2: 9<sup>th</sup> September (TEE FIESTA) – Bleed through ink, Graffiti, Face Painting, Photographers wall, Paint with a twist, Fun fair, Battle of words, Gobble Gobble, Movie Mania.

Day 3: 13<sup>th</sup> September (IMPRESSIONZ '23) - Met Gala, Aaja Nachle, Staff Vogue & Melody clash, Dance Pe chance, Gala of excellence, Euphoria, Dining Delight.

On the final day we had staff vogue, which left everyone mesmerized.

This year, we saw enthusiastic participation from ugs, pgs and staff in large numbers. The year 2022-2023 was a remarkable one for cultural events at our college. These activities not only provided entertainment but also served as a platform for students to express their creativity, share their cultural heritage, and foster a sense of unity after the challenges posed by the pandemic. The cultural committee endeavoured to restore the cultural traditions, celebrating diversity, and strengthening the bonds within our college community.

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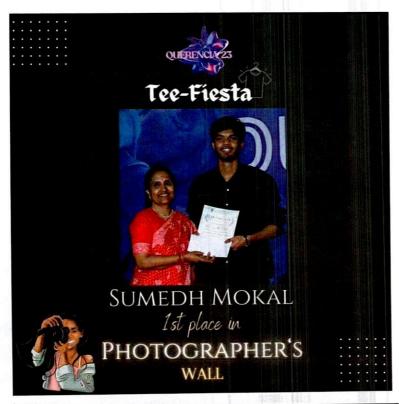
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**QUERENCIA CULTURAL EVENT** 

DATE: 08.09.2023, 09.09.2023 & 13.09.2023

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